

Counties Listed in Alphabetical Order:

MCOT: Mobile Crisis  
Outreach Team - may  
be dispatched to your  
location for  
assessment

**Anderson County**

Access 24/7 Crisis Hotline and MCOT: 800-621-1693, text "GO" to 741-741

**Angelina County**

Burke Center 24/7 Crisis Hotline: 1-800-392-8343

**Andrews County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Aransas County**

Coastal Plains Community Center 24/7 Crisis Hotline and MCOT: 1-800-841-6467

**Archer County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Armstrong County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Atascosa County**

Camino Real Community Services 24/7 Crisis Hotline: 1-800-543-5750

**Austin County**

Texana Center 24/7 Crisis Hotline and MCOT: 1-800-633-5686

**Bailey County**

Central Plains Center 24/7 Crisis Hotline: 1-800-687-1300

**Bastrop County**

Bluebonnet Trails Community Center 24/7 Crisis Hotline and MCOT: 1-800-841-1255

**Baylor County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Bee County**

Coastal Plains Community Center 24/7 Crisis Hotline and MCOT: 1-800-841-6467

**Bell County**

Central Counties Services 24/7 Crisis Hotline and MCOT: 1-800-888-4036

**Bexar County**

The Center for Health Care Services 24/7 Crisis Hotline: 210-225-5481

The Center for Health Care Services MCOT: 800-316-9241

**Borden County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Brazoria County**

Gulf Coast Center 24/7 Crisis Hotline: 1-866-729-3848

**Brazos County**

MHMR of Brazos Valley 24/7 Crisis Hotline: 888-522-8262

**Brewster County**

PermiaCares 24/7 Crisis Hotline and MCOT: 1-844-420-3964

**Briscoe County**

Central Plains Center 24/7 Crisis Hotline: 1-800-687-1300

**Brooks County**

Coastal Plains Community Center 24/7 Crisis Hotline and MCOT: 1-800-841-6467

**Brown County**

Center for Life Resources 24/7 Crisis Hotline and MCOT: 1-800-458-7788

**Bosque County**

Heart of Texas MHMR 24/7 Crisis Hotline and MCOT: 1-866-752-3451

**Bowie County**

Community Healthcore 24/7 Crisis Hotline: 1-800-832-1009

**Burleson County**

MHMR of Brazos Valley 24/7 Crisis Hotline: 888-522-8262

**Burnet County**

Bluebonnet Trails Community Center 24/7 Crisis Hotline and MCOT: 1-800-841-1255

**Caldwell County**

Bluebonnet Trails Community Center 24/7 Crisis Hotline and MCOT: 1-800-841-1255

**Calhoun County**

Gulf Bend Center 24/7 Crisis Hotline: 877-723-3422

**Callahan County**

Betty Hardwick Center 24/7 Crisis Hotline: 800 758-3344

**Cameron County**

Tropical Texas Behavioral Health 24/7 Crisis Hotline: 1-877-289-7199

**Camp County**

Lakes Regional Community Center 24/7 Crisis Hotline and MCOT: 1-877-466-0660

**Carson County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Cass County**

Community Healthcore 24/7 Crisis Hotline: 1-800-832-1009

**Castro County**

Central Plains Center 24/7 Crisis Hotline: 1-800-687-1300

**Chambers County**

Spindletop Center 24/7 Crisis Hotline: 1-800-937-8097

**Cherokee County**

Access 24/7 Crisis Hotline and MCOT: 800-621-1693, text "GO" to 741-741

**Childress County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Clay County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Cochran County**

Starcare Specialty Health System 24/7 Crisis Hotline and MCOT: 1-806-740-1414

**Coke County**

MHMR Services for the Concho Valley 24/7 Crisis Hotline and MCOT: 1.800.375.8965

**Coleman County**

Center for Life Resources 24/7 Crisis Hotline and MCOT: 1-800-458-7788

**Collin County**

Lifepath Systems 24/7 Crisis Hotline and MCOT: 1-877-422-5939

**Collingsworth County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Colorado County**

Texana Center 24/7 Crisis Hotline and MCOT: 1-800-633-5686

**Comanche County**

Center for Life Resources 24/7 Crisis Hotline and MCOT: 1-800-458-7788

**Concho County**

MHMR Services for the Concho Valley 24/7 Crisis Hotline and MCOT: 1.800.375.8965

**Cooke County**

Texoma Community Center 24/7 Crisis Hotline and MCOT: 1-877-277-2226

**Coryell County**

Central Counties Services 24/7 Crisis Hotline and MCOT: 1-800-888-4036

**Cottle County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Crane County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Crockett County**

MHMR Services for the Concho Valley 24/7 Crisis Hotline and MCOT: 1.800.375.8965

**Crosby County**

Starcare Specialty Health System 24/7 Crisis Hotline and MCOT: 1-806-740-1414

**Culberson County**

PermiaCares 24/7 Crisis Hotline and MCOT: 1-844-420-3964

**Dallam County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Dallas County**

Metrocare Services 24/7 Crisis Hotline: 866-260-8000

**Dawson County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Deaf Smith County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Delta County**

Lakes Regional Community Center 24/7 Crisis Hotline and MCOT: 1-877-466-0660

**Denton County**

Denton County MHMR 24/7 Crisis Hotline and MCOT: 1-800-762-0157

**Dewitt County**

Gulf Bend Center 24/7 Crisis Hotline: 877-723-3422

**Dickens County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Dimmit County**

Camino Real Community Services 24/7 Crisis Hotline: 1-800-543-5750

**Donley County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Duval County**

Coastal Plains Community Center 24/7 Crisis Hotline and MCOT: 1-800-841-6467

**Eastland County**

Center for Life Resources 24/7 Crisis Hotline and MCOT: 1-800-458-7788

**Ector County**

PermiaCares 24/7 Crisis Hotline and MCOT: 1-844-420-3964

**Ellis County**

Lakes Regional Community Center 24/7 Crisis Hotline and MCOT: 1-877-466-0660

**El Paso County**

Emergence Health Network 24/7 Crisis Hotline: 915-779-1800

Emergence Health Network 24/7 MCOT: 915-887-3410

**Erath County**

Pecan Valley Centers 24/7 Crisis Hotline and MCOT: 1-800-772-5987

**Falls County**

Heart of Texas MHMR 24/7 Crisis Hotline and MCOT: 1-866-752-3451

**Fannin County**

Texoma Community Center 24/7 Crisis Hotline and MCOT: 1-877-277-2226

**Fayette County**

Bluebonnet Trails Community Center 24/7 Crisis Hotline and MCOT: 1-800-841-1255

**Fisher County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Floyd County**

Central Plains Center 24/7 Crisis Hotline: 1-800-687-1300

**Foard County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Franklin County**

Lakes Regional Community Center 24/7 Crisis Hotline and MCOT: 1-877-466-0660

**Freestone County**

Heart of Texas MHMR 24/7 Crisis Hotline and MCOT: 1-866-752-3451

**Frio County**

Camino Real Community Services 24/7 Crisis Hotline: 1-800-543-5750

**Fort Bend County**

Texana Center 24/7 Crisis Hotline and MCOT: 1-800-633-5686

**Gaines County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Galveston County**

Gulf Coast Center 24/7 Crisis Hotline: 1-866-729-3848

**Garza County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Glasscock County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Goliad County**

Gulf Bend Center 24/7 Crisis Hotline: 877-723-3422

**Gonzales County**

Bluebonnet Trails Community Center 24/7 Crisis Hotline and MCOT: 1-800-841-1255

**Gray County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Grayson County**

Texoma Community Center 24/7 Crisis Hotline and MCOT: 1-877-277-2226

**Gregg County**

Community Healthcore 24/7 Crisis Hotline: 1-800-832-1009

**Grimes County**

MHMR of Brazos Valley 24/7 Crisis Hotline: 888-522-8262

**Guadalupe County**

Bluebonnet Trails Community Center 24/7 Crisis Hotline and MCOT: 1-800-841-1255

**Hale County**

Central Plains Center 24/7 Crisis Hotline: 1-800-687-1300

**Hall County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Hamilton County**

Central Counties Services 24/7 Crisis Hotline and MCOT: 1-800-888-4036

**Hansford County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Hardeman County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Hardin County**

Spindletop Center 24/7 Crisis Hotline: 1-800-937-8097

**Harris County**

The Harris Center for Mental Health and IDD 24/7 Crisis Hotline and MCOT: 713-970-7000  
option 1

**Harrison County**

Community Healthcore 24/7 Crisis Hotline: 1-800-832-1009

**Haskell County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Hartley County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Hemphill County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Henderson County**

Andrews Center 24/7 Crisis Hotline: 877-934-2131

**Hidalgo County**

Tropical Texas Behavioral Health 24/7 Crisis Hotline: 1-877-289-7199

**Hill County**

Heart of Texas MHMR 24/7 Crisis Hotline and MCOT: 1-866-752-3451

**Hockley County**

Starcare Specialty Health System 24/7 Crisis Hotline and MCOT: 1-806-740-1414

**Hood County**

Pecan Valley Centers 24/7 Crisis Hotline and MCOT: 1-800-772-5987

**Hopkins County**



Lakes Regional Community Center 24/7 Crisis Hotline and MCOT: 1-877-466-0660

**Houston County**

Burke Center 24/7 Crisis Hotline: 1-800-392-8343

**Howard County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Hudspeth County**

PermiaCares 24/7 Crisis Hotline and MCOT: 1-844-420-3964

**Hunt County**

Lakes Regional Community Center 24/7 Crisis Hotline and MCOT: 1-877-466-0660

**Hutchinson County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Irion County**

MHMR Services for the Concho Valley 24/7 Crisis Hotline and MCOT: 1.800.375.8965

**Jack County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Jackson County**

Gulf Bend Center 24/7 Crisis Hotline: 877-723-3422

**Jasper County**

Burke Center 24/7 Crisis Hotline: 1-800-392-8343

**Jeff Davis County**

PermiaCares 24/7 Crisis Hotline and MCOT: 1-844-420-3964

**Jefferson County**

Spindletop Center 24/7 Crisis Hotline: 1-800-937-8097

**Jim Hogg County**

Border Region Behavioral 24/7 Crisis Hotline: 1-800-643-1102

**Jim Wells County**

Coastal Plains Community Center 24/7 Crisis Hotline and MCOT: 1-800-841-6467

**Johnson County**

Pecan Valley Centers 24/7 Crisis Hotline and MCOT: 1-800-772-5987

**Jones County**

Betty Hardwick Center 24/7 Crisis Hotline: 800 758-3344

**Karnes County**

Camino Real Community Services 24/7 Crisis Hotline: 1-800-543-5750

**Kaufman County**

Lakes Regional Community Center 24/7 Crisis Hotline and MCOT: 1-877-466-0660

**Kenedy County**

Coastal Plains Community Center 24/7 Crisis Hotline and MCOT: 1-800-841-6467

**Kent County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**King County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Kleberg County**

Coastal Plains Community Center 24/7 Crisis Hotline and MCOT: 1-800-841-6467

**Knox County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Lamar County**

Lakes Regional Community Center 24/7 Crisis Hotline and MCOT: 1-877-466-0660

**Lamb County**

Central Plains Center 24/7 Crisis Hotline: 1-800-687-1300

**Lampasas County**

Central Counties Services 24/7 Crisis Hotline and MCOT: 1-800-888-4036

**La Salle county**

Camino Real Community Services 24/7 Crisis Hotline: 1-800-543-5750

**Lavaca County**

Gulf Bend Center 24/7 Crisis Hotline: 877-723-3422

**Lee County**

Bluebonnet Trails Community Center 24/7 Crisis Hotline and MCOT: 1-800-841-1255

**Leon County**

MHMR of Brazos Valley 24/7 Crisis Hotline: 888-522-8262

**Liberty County**

Tri-County Services 24/7 Crisis Hotline: 1-800-659-6994

**Limestone County**

Heart of Texas MHMR 24/7 Crisis Hotline and MCOT: 1-866-752-3451

**Limpscomb County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Live Oak**

Coastal Plains Community Center 24/7 Crisis Hotline and MCOT: 1-800-841-6467

**Loving County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Lubbock County**

Starcare Specialty Health System 24/7 Crisis Hotline and MCOT: 1-806-740-1414

**Lynn County**

Starcare Specialty Health System 24/7 Crisis Hotline and MCOT: 1-806-740-1414

**Madison County**

MHMR of Brazos Valley 24/7 Crisis Hotline: 888-522-8262

**Marion County**

Community Healthcore 24/7 Crisis Hotline: 1-800-832-1009

**Martin County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Matagorda County**

Texana Center 24/7 Crisis Hotline and MCOT: 1-800-633-5686

**Maverick County**

Camino Real Community Services 24/7 Crisis Hotline: 1-800-543-5750

**McCulloch County**

Center for Life Resources 24/7 Crisis Hotline and MCOT: 1-800-458-7788

**McLennan County**

Heart of Texas MHMR 24/7 Crisis Hotline and MCOT: 1-866-752-3451

**McMullen County**

Camino Real Community Services 24/7 Crisis Hotline: 1-800-543-5750

**Midland County**

PermiaCares 24/7 Crisis Hotline and MCOT: 1-844-420-3964

**Milam County**

Central Counties Services 24/7 Crisis Hotline and MCOT: 1-800-888-4036

**Mills County**

Center for Life Resources 24/7 Crisis Hotline and MCOT: 1-800-458-7788

**Mitchell County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Montague County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Montgomery County**

Tri-County Services 24/7 Crisis Hotline: 1-800-659-6994

**Moore County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Morris County**

Lakes Regional Community Center 24/7 Crisis Hotline and MCOT: 1-877-466-0660

**Motley County**

Central Plains Center 24/7 Crisis Hotline: 1-800-687-1300

**Nacogdoches County**

Burke Center 24/7 Crisis Hotline: 1-800-392-8343

**Navarro County**

Lakes Regional Community Center 24/7 Crisis Hotline and MCOT: 1-877-466-0660

**Newton County**

Burke Center 24/7 Crisis Hotline: 1-800-392-8343

**Nolan County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Nueces County**

Nueces Center for Mental Health and Intellectual Disabilities 24/7 Crisis Hotline: 1-888-767-4493

**Ochiltree County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Oldham County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Orange County**

Spindletop Center 24/7 Crisis Hotline: 1-800-937-8097

**Palo Pinto County**

Pecan Valley Centers 24/7 Crisis Hotline and MCOT: 1-800-772-5987

**Panola County**

Community Healthcore 24/7 Crisis Hotline: 1-800-832-1009

**Parker County**

Pecan Valley Centers 24/7 Crisis Hotline and MCOT: 1-800-772-5987

**Parmer County**

Central Plains Center 24/7 Crisis Hotline: 1-800-687-1300

**Pecos County**

PermiaCares 24/7 Crisis Hotline and MCOT: 1-844-420-3964

**Polk County**

Burke Center 24/7 Crisis Hotline: 1-800-392-8343

**Potter County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Presidio County**

PermiaCares 24/7 Crisis Hotline and MCOT: 1-844-420-3964

**Rains County**

Andrews Center 24/7 Crisis Hotline: 877-934-2131

**Randall County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Reagan County**

MHMR Services for the Concho Valley 24/7 Crisis Hotline and MCOT: 1.800.375.8965

**Red River County**

Community Healthcore 24/7 Crisis Hotline: 1-800-832-1009

**Reeves County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Refugio County**

Gulf Bend Center 24/7 Crisis Hotline: 877-723-3422

**Roberts County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Robertson County**

MHMR of Brazos Valley 24/7 Crisis Hotline: 888-522-8262

**Rockwall County**

Lakes Regional Community Center 24/7 Crisis Hotline and MCOT: 1-877-466-0660

**Runnels County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Rusk County**

Community Healthcore 24/7 Crisis Hotline: 1-800-832-1009

**Sabine County**

Burke Center 24/7 Crisis Hotline: 1-800-392-8343

**San Augustine County**

Burke Center 24/7 Crisis Hotline: 1-800-392-8343

**San Jacinto County**

Burke Center 24/7 Crisis Hotline: 1-800-392-8343

**San Patricio County**

Coastal Plains Community Center 24/7 Crisis Hotline and MCOT: 1-800-841-6467

**San Saba County**

Center for Life Resources 24/7 Crisis Hotline and MCOT: 1-800-458-7788

**Scurry County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Shackelford County**

Betty Hardwick Center 24/7 Crisis Hotline: 800 758-3344

**Shelby County**

Burke Center 24/7 Crisis Hotline: 1-800-392-8343

**Sherman County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Smith County**

Andrews Center 24/7 Crisis Hotline: 877-934-2131

**Somervell County**

Pecan Valley Centers 24/7 Crisis Hotline and MCOT: 1-800-772-5987

**Starr County**

Border Region Behavioral 24/7 Crisis Hotline: 1-800-643-1102

**Stephens County**

Betty Hardwick Center 24/7 Crisis Hotline: 800 758-3344

**Sterling County**

MHMR Services for the Concho Valley 24/7 Crisis Hotline and MCOT: 1.800.375.8965

**Stonewall County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Swisher County**

Central Plains Center 24/7 Crisis Hotline: 1-800-687-1300

**Tarrant County**

MHMR of Tarrant County 24/7 Crisis Hotline and MCOT: 817-335-3022 (call or text)

**Taylor County**

Betty Hardwick Center 24/7 Crisis Hotline: 800 758-3344

**Terrell County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Terry County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Throckmorton County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Titus County**

Lakes Regional Community Center 24/7 Crisis Hotline and MCOT: 1-877-466-0660

**Tom Green County**

MHMR Services for the Concho Valley 24/7 Crisis Hotline and MCOT: 1.800.375.8965

**Travis County**

Austin Integral Care 24/7 Crisis Hotline: 512-472-4357

**Trinity County**

Burke Center 24/7 Crisis Hotline: 1-800-392-8343

**Tyler County**

Burke Center 24/7 Crisis Hotline: 1-800-392-8343

**Upshur County**

Community Healthcore 24/7 Crisis Hotline: 1-800-832-1009

**Upton County**



West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Van Zandt County**

Andrews Center 24/7 Crisis Hotline: 877-934-2131

**Victoria County**

Gulf Bend Center 24/7 Crisis Hotline: 877-723-3422

**Walker County**

Tri-County Services 24/7 Crisis Hotline: 1-800-659-6994

**Waller County**

Texana Center 24/7 Crisis Hotline and MCOT: 1-800-633-5686

**Ward County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Washington County**

MHMR of Brazos Valley 24/7 Crisis Hotline: 888-522-8262

**Webb County**

Border Region Behavioral 24/7 Crisis Hotline: 1-800-643-1102

**Wharton County**

Texana Center 24/7 Crisis Hotline and MCOT: 1-800-633-5686

**Wheeler County**

Texas Panhandle Centers 24/7 Crisis Hotline: 1-800-692-4039

**Wichita County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Wilbarger County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Willacy County**

Tropical Texas Behavioral Health 24/7 Crisis Hotline: 1-877-289-7199

**Williamson County**

Bluebonnet Trails Community Center 24/7 Crisis Hotline and MCOT: 1-800-841-1255

**Wilson County**

Camino Real Community Services 24/7 Crisis Hotline: 1-800-543-5750

**Winkler County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Wise County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Wood County**

Andrews Center 24/7 Crisis Hotline: 877-934-2131

**Yoakum County**

West Texas Centers 24/7 Crisis Hotline: 1-800-375-4357

**Young County**

Helen Farabee Centers 24/7 Crisis Hotline: 1-800-621-8504

**Zapata County**

Border Region Behavioral 24/7 Crisis Hotline: 1-800-643-1102

**Zavala County**

Camino Real Community Services 24/7 Crisis Hotline: 1-800-543-5750